

## **Workplace Culture and Integration The IEHP Journey**

### **Daniela Beckford (Romania):**

I became a nurse in Romania when I was 17 and a half; I finished high school and nursing over there and after I did the college. And I worked as a nurse, in different areas of nursing, and afterwards I came to Canada. I came to Canada and in here I got licensed with the College of Nurses of Ontario. I've been with Hamilton Health Sciences for 13 years now, and started in 2009 I had the honour of being asked to lead this project which is the Internationally Educated Nurse and English as a Second Language Nurse Integration Project here at Hamilton Health Sciences.

### **Dr. Umberin Najeeb, (Pakistan):**

I'm an Internist, working at Sunnybrook Health Sciences Centres. I'm also an Assistant Professor at Department of Medicine at University of Toronto. I'm an internationally-trained physician; I'm Canadian for the last 12 years, and I was a practicing physician back in Pakistan. So I applied for an Educational Fellowship through Sunnybrook and the University of Toronto Hospitalists' Program and I got hired as a Hospitalist Fellow in August 2006. I passed my Royal College Internal Medicine exams in spring of 2009 and I started working here at Sunnybrook in Department of Internal Medicine.

### **Kenneth Cruz (The Philippines):**

I'm a Registered Nurse from the Philippines. So I came here in 2010 after graduating school in the Philippines. Now I'm a Registered Nurse so that's, it took me, I would say, five years. So here I am doing general nursing, and also I work part-time at a dentist's office just across the street. I was thinking about continuing on and becoming a Nurse Practitioner.

### **Dr. Tushar Malavade (India):**

I did my post-graduation in Medicine from 2004 to 2007 and then I did my Nephrology training. And I finished my exams in 2011 and I applied for a Clinical Fellowship. So I did Clinical Fellowship, came in here, two years. Then I did a Transplant Fellowship, and when I was doing my Fellowship I actually changed my mind; rather than going back to India, I had a discussion with my wife, and now I'm starting to do my residency in Canada. So I'm doing Medicine for three years and then going back to Nephrology.

**Dr. Mai Sherif (Egypt):**

I came from Egypt three years ago and I live here now. I have more than 20 years' experience in medical field. I decided that I may want to come here to Canada and give my children better education system and also healthcare system. I decided that maybe I will not go for license to work as a clinician. I like research very much so I chose this as an alternative career. So I'm now enrolled in the McMaster Clinical Research certificate Associate in McMaster University. I hope this certificate will help me to find a job here in Canada.

**Dr. Amardeep Bhullar (India):**

In India I was a doctor, I was a dentist, and later on I did my post-graduation in Masters in Public Health. So I took care of a whole village, and I transferred the Maternal and Child Health Department. So we wanted to get good figures, good data; we want to reduce the maternal mortality. Canadians focus on public health, so I wanted to give a boost to my career so I came here, I landed up here, and I landed here on eighth of July [2016]. I'm looking at that, what should I go, but first Dental Assistant for sure. After that I'll do something in Public Health. We have a saying in my own language that when you think that you are full of knowledge you should just turn your tumbler. You should remove everything, make it empty, and learn again.